



## PARENTING HELP

One-size-fits-all parenting advice does not benefit many parents who have complex kids. Our goals are to help you understand your child's individual needs, learn new skills and strategies that work for your family and **flexibly respond to your child's needs.**

**We support parents not just to survive parenting but to enjoy it.**



CBS saved my parental sanity during one of the hardest years of our life. Individualized parent training solutions helped me tackle specific problem behaviors with my special needs son. **These solutions brought peace back into our home.**

— *Former Client*

## GET STARTED TODAY

-  608 561 3680
-  [info@createbehaviorsolutions.com](mailto:info@createbehaviorsolutions.com)
-  [www.createbehaviorsolutions.com](http://www.createbehaviorsolutions.com)

Helping parents of children with complex needs that may be related to ASD, ADHD, ODD, anxiety or other medical or behavioral conditions.

Funding is covered through Wisconsin's Children's Long-Term Support (CLTS) Waiver Program which provides services to children with developmental, physical, or emotional disabilities.



## CREATE BEHAVIOR SOLUTIONS

Consultation, training and support for parents.



*Create Behavior Solutions*

LEARN  
**NEW SKILLS**  
& STRATEGIES



We provide parents with a therapeutic space to discuss their concerns, hopes and fears without judgment. This kind of parent support helps build confidence to navigate the challenges of day-to-day parenting.

Learn how to build positive behavior patterns in your home.



### **Consultation**

Meet with our expert consultation team via telehealth.



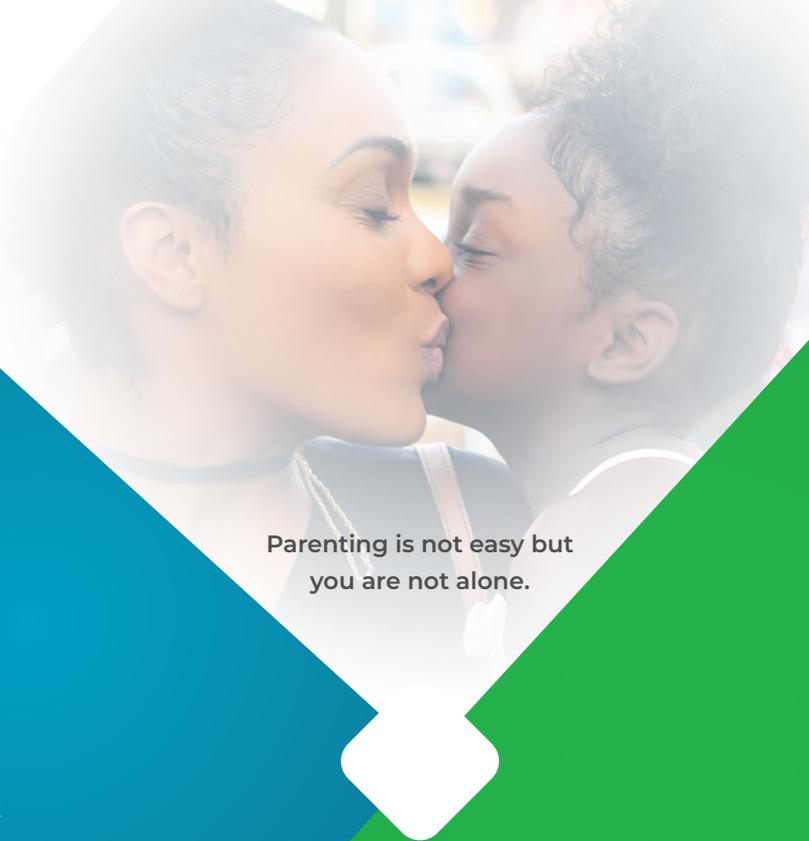
### **Training**

Learn to thrive as an effective parent.



### **Parent support**

Get individualized parent support.



**Parenting is not easy but  
you are not alone.**

## **CREATE MEANINGFUL CHANGE**

Our approach to behavior support emphasizes positive, preventative and proactive strategies within the context of connected relationships.

Services can address a variety of topics including: parental stress and parent/child relationships; preventing and responding to tantrums, aggression or self-injurious behaviors; increasing cooperation and flexibility with daily routines; building communication, self-advocacy and social skills.



## **SERVING FAMILIES WITH THE SCIENCE OF BEHAVIOR**

Create Behavior Solutions provides a service approach based in Contextual Behavioral Science, Behavior Analysis, and Acceptance & Commitment Therapy. We utilize behavior science to help understand and improve the human condition while affirming neurodiversity and respecting cultural values.

Our team of experienced, trauma-informed Behavior Analysts support families with an individualized, person-centered, values-based approach. We utilize the scientific principles of behavior to teach parents new skills, decrease concerning behaviors and help people live consistent with their values.

**We empower parents to  
make positive changes in  
their family.**



Create Behavior Solutions

